

QUESTIONNAIRES

Name: _____

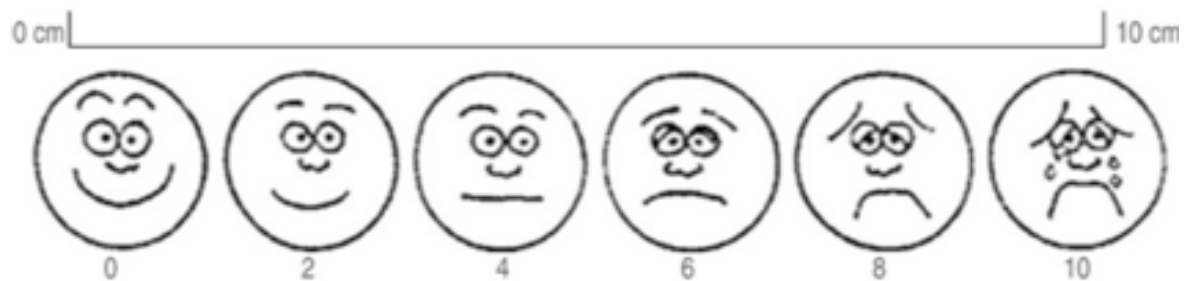
Code: _____

Date of registration: _____

Procedence: _____

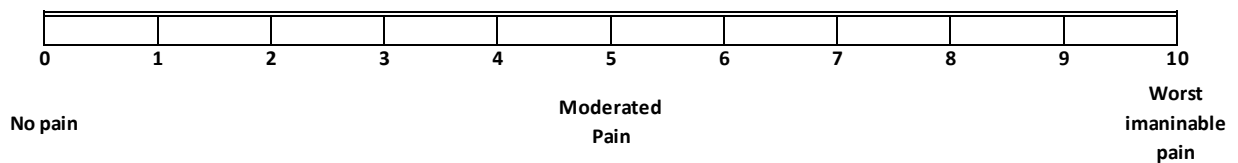
1. Visual Analogue Scale (EVA)

Mark with an "X" where you consider your pain is at this moment



2. Numerical Scale Analogue (NRS)

On a scale of 0 to 10, please mark where you consider your pain is at this moment.



3. Pain Catastrophizing Scale (PCS)

The following questionnaire has been developed to quantify your individual experience of pain.

Indicate the degree to which you identify with the following thoughts and/or feelings when you experience pelvic pain during sexual intercourse. Please rate them using a numerical rating from 0 to 4 in which the different numbers mean:

0: never	1: rarely	2: sometimes	3: many times	4: always
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When I experience pelvic pain ...

- I feel a continual worry about whether the pain will end.
- I feel I can't go on because of the pain.
- I feel that the pain is very intense and I think it will never get better.
- I feel that the pain is very strong and that it overwhelms/overcomes me.
- I feel I can't take the pain any more.
- I am afraid that the pain will get worse.
- Other painful experiences come to mind.
- I have an anxious desire for the pain to go away.
- I keep thinking about the pain.
- I am focused on how much it hurts.
- I keep thinking about how much I want the pain to go away.
- There is nothing to reduce the intensity of the pain.
- I wonder if something serious could happen to me.

Total score (to obtain this, add up the individual scores of the 13 items):

Total score:_____

4. Survey of Pain Attitudes (SPA)

Please number the answers to the following questionnaire regarding how you feel about your pain. The numerical rating is from 0 to 4, the meanings of the different numbers are as follows:

Completely false	Almost false	Neither true nor false	Almost true	Absolutely true
0	1	2	3	4

- I can often influence the intensity of the pain I feel.
- I will probably always have to take painkillers.
- Whenever I feel pain I want my family to treat me better.
- I don't expect a medical cure for my pain.
- The most pain relief I have ever had is medication.
- Anxiety increases my pain
- Whenever I feel pain, people must treat me with care and concern.
- I gave up seeking the elimination of my pain through medicine.
- It is the responsibility of those who want to help me when I feel pain.
- Stress increases my pain.
- Exercise and movement are good for my pain.
- By concentrating or relaxing I can relieve my pain.
- Medicine is one of the best treatments for chronic pain.
- My family needs to learn to take better care of me when I am in pain.
- Depression increases my pain.
- If I exercise, my pain could get even worse.
- I believe I can control pain by changing my thoughts.
- Many times, when I am in pain, I need more affection than I am receiving at the moment.
- Something is wrong with my body, which prevents me from doing too much movement or exercise.
- I have learned to control my pain.
- I am confident that medicine can cure my pain.
- I know for sure that I can learn to deal with my pain.

- My pain does not prevent me from living a physically active life.
- My physical pain will not be cured.
- There is a connection between my emotions and the intensity of my pain.
- I can do almost anything as well as before I had the pain problem.
- If I don't exercise regularly, my pain will continue to get worse.
- Exercise can reduce the intensity of the pain I feel.
- I am convinced that there is no medical procedure to relieve my pain.
- The pain I feel would prevent anyone from leading an active life.

Total score:_____

5. Female Sexual Function Index (FSFI)

1. During the last 4 weeks, how often did you feel sexual desire or interest?

5 = Almost always or always.

4 = Many times (more than half the time).

3 = Sometimes (about half the time).

2 = Sometimes (less than half the time).

1 = hardly ever or never.

2. During the last 4 weeks, how would you rate your level (degree) of sexual desire or interest?

5 = Very high.

4 = High.

3 = Moderate.

2 = Low.

1 = Very low or none.

3. During the last 4 weeks, how often did you feel sexually aroused during sexual activity or intercourse?

5 = Almost always or always.

4 = Many times (more than half the time).

3 = Sometimes (about half the time).

2 = Sometimes (less than half the time).

1 = hardly ever or never.

0 = I have not been sexually active.

4. During the last 4 weeks, how would you rate your level of sexual arousal during sexual activity or intercourse?

5 = Very high.

4 = High.

3 = Moderate.

2 = Low.

1 = Very low or none.

0 = I have not been sexually active.

5. During the last 4 weeks, how confident were you about becoming sexually aroused during sexual activity or intercourse?

5 = Very high security.

4 = High security.

3 = Moderate security.

2 = Low security.

1 = Very low or no security.

0 = I have not been sexually active.

6. During the last 4 weeks, how often have you been satisfied with your arousal during sexual activity or intercourse?

5 = Almost always or always.

4 = Many times (more than half the time).

3 = Sometimes (about half the time).

2 = Sometimes (less than half the time).

1 = hardly ever or never.

0 = I have not been sexually active.

7. During the last 4 weeks, how often do you lubricate ("wet") during sexual activity or intercourse without the need for external lubricants?

5 = Almost always or always.

4 = Many times (more than half the time).

3 = Sometimes (about half the time).

2 = Sometimes (less than half the time).

1 = hardly ever or never.

0 = I have not been sexually active.

8. During the last 4 weeks, how difficult has it been for you to lubricate ("get wet") during sexual activity or intercourse?

5 = Not difficult

4 = Slightly difficult.

3 = Difficult.

2 = Very difficult.

1 = Extremely difficult.

0 = I have not been sexually active.

9. During the last 4 weeks, how often did you maintain your lubrication ("wetness") until completing sexual activity or intercourse?

5 = Almost always or always.

4 = Many times (more than half the time).

3 = Sometimes (about half the time).

2 = Sometimes (less than half of the time).

1 = hardly ever or never.

0 = I have not been sexually active.

10. During the last 4 weeks, how difficult was it to maintain your lubrication ("wetness") until sexual activity or intercourse was completed?

5 = Not difficult

4 = Slightly difficult.

3 = Difficult.

2 = Very difficult.

1 = Extremely difficult.

0 = I have not been sexually active.

11. During the last 4 weeks, when you had sexual intercourse or stimulation, how often did you reach orgasm (climax)?

5 = Almost always or always.

4 = Many times (more than half the time).

3 = Sometimes (about half the time).

2 = Sometimes (less than half of the time).

1 = hardly ever or never.

0 = I have not been sexually active.

12. During the last 4 weeks, when you had sexual stimulation or intercourse, how difficult was it for you to reach orgasm (climax)?

5 = Not difficult

4 = Slightly difficult.

3 = Difficult.

2 = Very difficult.

1 = Extremely difficult.

0 = I have not been sexually active.

13. During the last 4 weeks, how satisfied were you with your ability to reach orgasm (climax) during sexual activity or intercourse?

5 = Very satisfied

4 = Moderately satisfied.

3 = About equally satisfied as dissatisfied.

2 = Moderately dissatisfied.

1 = Very dissatisfied.

0 = I have not been sexually active.

14. During the last 4 weeks, how satisfied have you been with the emotional closeness during sexual activity between you and your partner?

5 = Very satisfied

4 = Moderately satisfied.

3 = About equally satisfied as dissatisfied.

2 = Moderately dissatisfied.

1 = Very dissatisfied.

0 = I have not been sexually active.

15. During the last 4 weeks, how satisfied have you been with your sexual relationship with your partner?

5 = Very satisfied

4 = Moderately satisfied.

3 = About as satisfied as dissatisfied.

2 = Moderately dissatisfied.

1 = Very dissatisfied.

16. During the last 4 weeks, how satisfied have you been with your sex life in general?

5 = Very satisfied

4 = Moderately satisfied.

3 = About as satisfied as dissatisfied.

2 = Moderately dissatisfied.

1 = Very dissatisfied.

17. During the last 4 weeks, how often did you experience discomfort or pain during vaginal penetration?

5 = Hardly ever or never.

4 = Sometimes (less than half the time).

3 = Sometimes (about half the time).

2 = Most of the time (more than half).

1 = Almost always or always.

0 = I did not try to have sex.

18. During the last 4 weeks, how often did you experience discomfort or pain after vaginal penetration?

5 = Hardly ever or never.

4 = Sometimes (less than half the time).

3 = Sometimes (about half the time).

2 = Most of the time (more than half).

1 = Almost always or always.

0 = I did not try to have sex.

19. During the last 4 weeks, how would you rate your level (degree) of discomfort or pain during or after vaginal penetration?

5 = Very low or none.

4 = Low.

3 = Moderate.

2 = High.

1 = Very high.

0 = I did not try to have sex.

Total score: _____

6. Socio-Economic Status (SES)

1. Education Level (International Standard Classification of Education, ISCED)

- Level 0. Early childhood education (**kindergarten**)
- Level 1. Primary education (**first 6 years**)
- Level 2. Lower secondary education (**up to the age of 12**)
- Level 3. Upper Secondary Education
- Level 4. Post-secondary non-tertiary/tertiary education
- Level 5. Short-cycle tertiary education
- Level 6. Tertiary education degree or equivalent level (**University degree**)
- Level 7. Master's level, specialisation, or equivalent level (**Master's**)
- Level 8. PhD level or equivalent (**Doctorate**)

2. Levels of monthly income per household (National Statistics Institute)

- From 0 to 499€.
- From 500 to 999€.
- From 1.000 to 1.499€.
- From 1.500€ to 1.999€.
- From 2.000 to 2.499€.
- From €2,500 to €2,999
- From 3.000 to 3.499€.
- From 3.500 to 3.999 €.
- From 4.000 to 4.499€.
- From €4,500 to €4,999
- From 5.000€ or more

3. Occupation
