

THE ONLINE SELF-REGULATED LEARNING QUESTIONNAIRE (OSLQ)

Part A: Demographic Information of Respondents

The information you provide when you participate in this survey is used for research purposes only. Please choose an appropriate response for you.

1. Gender : Male Female
2. Age : _____ Years
3. Educational level : High School Undergraduate
4. Ethnicity : Javanese Sundanese
 Betawi Other

Part B: The Online Self-Regulated Learning Questionnaire

Statements	Strongly agree	Agree	Neutral	Disagree	Strongly disagree
A. Goal Setting					
GS1: I set standards for my assignments in online courses					
GS2: I set short-term (daily or weekly) goals as well as long-term goals (monthly or for the semester)					
GS3: I keep a high standard for my learning in my online courses					
GS4: I set goals to help me manage study time for my online courses					
GS5: I don't compromise the quality of my work because it is online					
B. Environment Structuring					
ES1: I choose the location where I study to avoid too much distraction					
ES2: I find a comfortable place to study					
ES3: I know where I can study most efficiently for online courses					
ES4: I choose a time with few distractions for studying for my online courses					
C. Task Strategies					
TS1: I try to take more thorough notes for my online courses because notes are even more					

Statements	Strongly agree	Agree	Neutral	Disagree	Strongly disagree
important for learning online than in a regular classroom					
TS2: I read aloud instructional materials posted online to fight against distractions					
TS3: I prepare my questions before joining in discussion forum					
TS4: I work extra problems in my online courses in addition to the assigned ones to master the course content					
D. Time Management					
TM1: I allocate extra studying time for my online courses because I know it is time- demanding					
TM2: I try to schedule the same time every day or every week to study for my online courses, and I observe the schedule					
TM3: Although we don't have to attend daily classes, I still try to distribute my studying time evenly across days					
E. Help-Seeking					
HS1: I find someone who is knowledgeable in course content so that I can consult with him or her when I need help					
HS2: I share my problems with my classmates online, so we know what we are struggling with and how to solve our problems					
HS3: If needed, I try to meet my classmates face-to-face					
HS4: I am persistent in getting help from the instructor through e-mail					
F. Self-Evaluation					
SE1: I summarize my learning in online courses to examine my understanding of what I have learned					
SE2: I ask myself a lot of questions about the course material when studying for an online course					
SE3: I communicate with my classmates to find out how I am doing in my online classes					

Statements	Strongly agree	Agree	Neutral	Disagree	Strongly disagree
SE4: I communicate with my classmates to find out what I am learning that is different from what they are learning					

Reference:

Barnard, L., Lan, W. Y., To, Y. M., Paton, V. O., & Lai, S.-L. (2009). Measuring self-regulation in online and blended learning environments. *The Internet and Higher Education*, 12(1), 1–6. <http://dx.doi.org/10.1016/j.iheduc.2008.10.005>